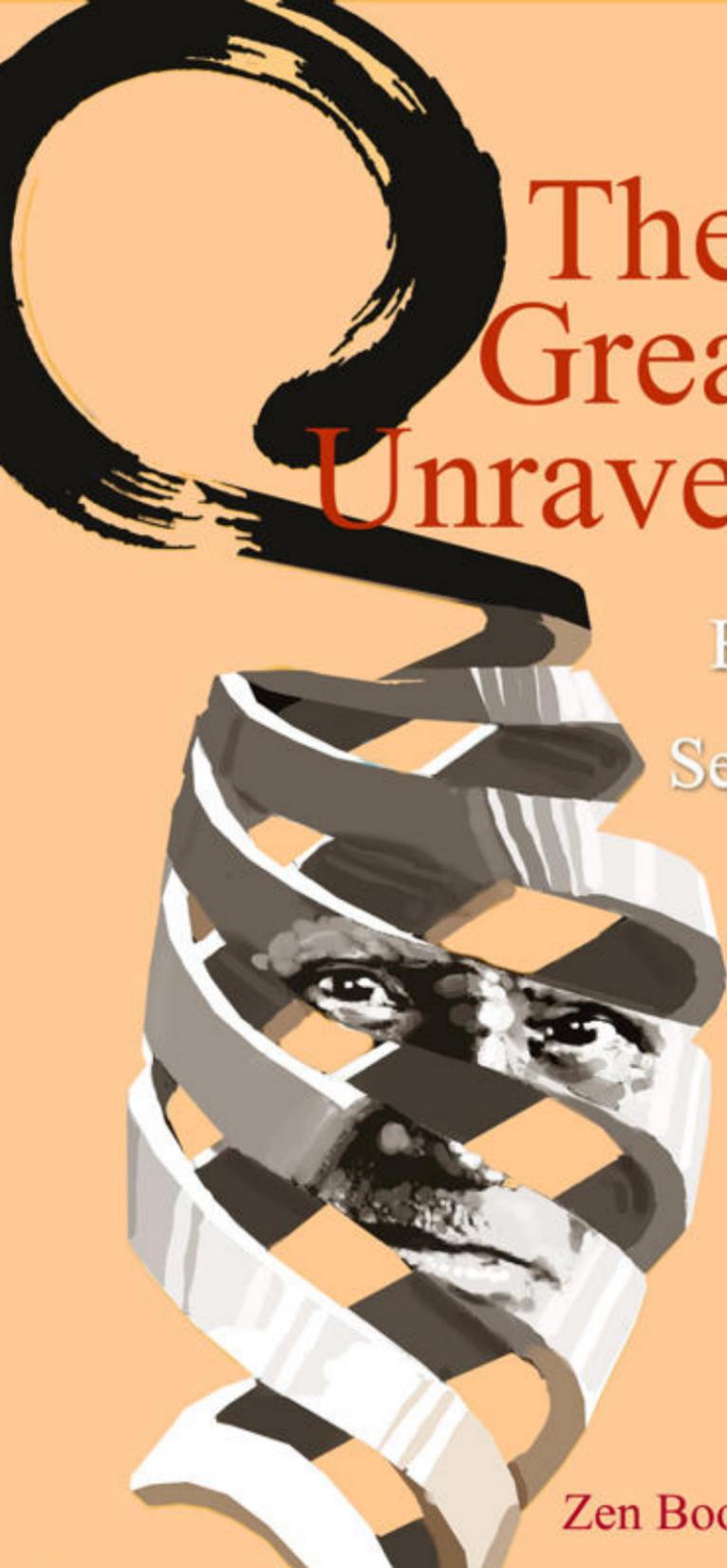


禅の心
静かなる
心は
静かなる
心は
静かなる

The Great Unraveling

The Book of Serenity



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Zen Book Three

The
Book of Serenity

The Great
Unraveling

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Dedication

To the Zen masters of old
who preserved the message

To my beloved *Sri Nisargadatta Maharaj*,
a modern day messenger

Watch Your Step

A Word of Caution

Nisargadatta Maharaj: “Question everything, don’t believe anything.”

As you are about to go through this book please note that nothing you are about to read is true. It is merely words which represent things which do not exist.

Please do not fall into the trap of words.

Recall two Archetypes, (Current in the ocean that form Waves, then foam, (the “I”, and bubbles).

The First Archetype is of the “*Genie in the Lamp*”. In this current the right words, (magic words) must be said, (chanted) for the genie to appear and grant your wishes, (kind of like mantras).

The second Archetypal current is *Using a Treasure Map to Search for the Buried Treasure*. Kind of like a spiritual paths searching for enlightenment, (the holy grail) of the “spiritual quest.

Why is this important to remember as we tread through this series of books? Because all pointers and metaphors are using words which represent and describe things which do not exist. In short, Don't fall into the words and language games.

Finally, be aware of regressed tendency forming precognitive traps that offer pleasure and rewards for understanding and learning the words and their meanings. This deeply imbedded current assures only more craving and a fixation on learning more and more words to have more and more experiences with the belief that both experiences and words/understanding will lead to the ultimate experience, termed some form of "Enlightenment".

Nisargadatta Maharaj: *"...all experiences will lead you to is more experiences...expect nothing from experiences..."*

As we will see Koans are designed to break the language patterns, BUT, throw the thorn away, otherwise you will fall into the trap of words and the joy of learning and experiencing their meanings.

With Love
Your Mirage Brother
Stephen

*Without an "I" state
Without a no-"I" state*

*Without the state called Identity
Without a state called no Identity*

All just states

*Without a state called reality
Without a state called Not Reality*

*No state of illusion
No Not state of illusion
No Illusion*

*No states
No Not states*

*No appearances
No not appearances*

Don't believe in dream realms

Wave One

Stop Trying To Change

It is as it is

Buddha's Second Noble Truth (Updated):

The cause of suffering is the desire to change things, to try to make them different, or hope they change

The cause of suffering is suffering

Buddha's Third Noble Truth (Updated):

Stop trying to change things or hope or try to make them different then the way they are

Stopping trying to change things is
stopping trying to change things

Without intension
Without concern

Enquiry Koan: "Without judgment evaluation or significance what is there to be desired."

Enquiry Koan: "Prior to the word nihilism what is nihilism?"

Wave Two

Unpacking or Describing?

Zen Koan: *The Emperor asked Bodhidharma, "What is the ultimate meaning in Buddhism?"
Bodhidharma replied, "Vast emptiness, no holiness."*

*The Emperor asked "Who are you?"
Bodhidharma replied: "I don't know?"*

Totally unpacking

OR

Bodhidharma replied: Not knowing

Totally describing the absolute

Without

Wave Three

A Description of Not

Without an internal
Without an external

Without form
Without sensation
Without perception
Without conception
Without consciousness

Nisargadatta Maharaj: “...*nothing perceivable or conceivable.*”

A description of Not

Without teachings or a teacher
Without an internal
Without an external
Without the concept of location

*Enquiry Koan: Without the concept of location,
where are you?*

Wave Four

Everywhere and Nowhere Simultaneously

Everywhere a portal
Everywhere an entrance
All is it
One shot

No portal
No entrance

The conscious Wave
The unconscious current
Without the concept of conscious or
unconscious
Still water
Water in a mirage

All states
Your present state
Right now
An imaginary state

An imaginary being

Everywhere a portal
Everywhere an entrance

No portal
No entrance

All is it
MU
One shot

Nowhere

Wave Five

Naming Perceptions

Zen Koan: “Why did Bodhidharma sit staring at a wall for nine years?”

Because he did

“What was he expecting to get?”

Nothing

and what was he doing?

Staring at a wall

A dog is barking

The sun is shining

A teacher is teaching

A student is listening

As long as a perception is there

We call it the sun shining, but there is no sun
shining it is the name of a perception

We hear a dog barking, but there is no dog barking
it is the name of a perception

We see a teacher teaching but there is no teacher
teaching it is the name of a perception

We see a student listening but there is no student
listening it is the name of a perception

It's the same for everything

Be careful of fear

Be careful of love

Nobody knows why anything happens

Nobody knows why anything happens

Nobody knows why anything happens

Anything that happens is the name of a perception

Wave Six

Naming Perceptions Again

Right is wrong

Wrong is right

Without a perceptual illusion called a story
We would not know who we were or that we were

Without a perceiver

We would not know who we were or that we were

Anything that happens is the name of a perception

All that is or appears to be is the name of a
perception

The concept of a perceiver and a perception is a
thorn to remove a thorn

Wave Seven

Prior to Words

Enquiry Koans:

*Prior to words is there sutras?
Prior to words are there teachings?*

Prior to sound and no sound is there Teachings?

Prior to perception is there a Buddha?

*Diamond Sutra, (variation) We refer to it as a
Buddha, but there is no Buddha*

Wave Eight

Difficult To Pass Through

*Called A Nanto Koan meaning difficult to pass
through*

(Also appearing in the Gateless Gate
Wave Two)

A realized being is not affected by cause and effect
Fuck me

A realized being is not blind to cause and effect

Zenist's believe in integration
Two levels That and this

Advaitins are without levels
Without integration

Prior to words neither are

*Enquiry Koan: Is there Advaita prior to the word
Advaita?*

(hint: Advaita is a concept)

A philosophy or a reality?

For the former, (Zenists), maintain two levels, and
do not be blind to cause and effect
No surprises

For the later, (Advaitans)
An illusion within the bubble-dream
A nightmare of consequences
A surprised fall

Caution is control and holding on to a state

In-between the two lies confusion
A broken chain of the spine of the heart

See what staying with this brings

Without bringing
No receiving
No inviting
No ignoring

The illusionary break in the spine of the heart.

Wave Nine

Underneath Labels

Without the label of life and death
Without the perception of life and death

“Underneath” all is the same and NOT

Diamond Sutra, (variation). We refer to it as life and death, but there is no life or death.

Nisargadatta Maharaj: *“There is no birth there is no death... it’s all a concept, it’s all an illusion.”*

Wave Ten

Without Seeing

Straight ahead
In front of your eyes
Without seeing
Without connection to words or deeds
Under your feet
Without feet

To obvious to be seen when a seer is looking

Without seeing

Wave Eleven

The Light of Awareness

Seeing something as something
The light of awareness shines
The delusion of isness persists

The path remains unforgotten
The light of awareness still shines
The delusion of isness persists

What is wrong?
The light of awareness is shining
The delusion of isness persists

Enquiry Koan: What is it that has no light of awareness?

Wave Twelve

Unperceived

Without perception the world dissolves

Nisargadatta Maharaj: *“Eight days prior to conception or 1000 years back, who were you.”*

All collapses without perception

No current

No

Wave

No bubble

No ocean

Wave Thirteen

One Eye, Without

The Dharma eye
One eye
Without oneness
Formless form
The knower and the known are one and the same
Neither are

There is no separation between
There is no action

“Not knowing”, Bodhidharma’s description

Without eyes, ears nose and mouth
Without sound or no sound

Nisargadatta Maharaj: *“Whatever you say it is, it isn’t.”*

*Enquiry Koan: What is prior to sound and no sound
OR What if anything is prior to no sound and no not
sound?*

Wave Fourteen

Meeting and Bursting

Nagarjuna: *“There is no coming
There is no going”*

Meet a poet with a poem, a warrior with a sword

Without a teacher or a teaching
Who teaches, who learns

The dream bubble bursts

Wave Fifteen

The Illusion of Integration.

The delusional seductive trap of insight leaves the belief that insight liberates creating an on-going insight loop

Integration, a miss-taken Zen and psycho-spiritual understanding illusioning an imaginary “I” person along with an imaginary “I” person which integrates

Refer to all persons places and things as
perceptions
Perceptual illusions
Imaginary states

Nisargadatta Maharaj: *“You are not a person.”*

Enquiry Koan: “How can an “I” which is not, integrate and become something?”

Can the sun integrate heat?
The night integrate darkness?

The standard of integration and the ideal spiritual
is a delusion within the dream bubble realm.

Forget standards of behavior
You are That already
You cannot become it

Being and becoming reside within the delusion of
beingness contained within the dream
bubble realm

Being and becoming reside within the delusion of
beingness contained within the dream
bubble realm

Wave Sixteen

Consciousness

Right is wrong
Wrong is right
Without a fixed position
Consciousness

Without approval for achievement
Without acknowledgement or recognition
Consciousness

Approval is disapproval
Recognition is abuse

Without discrimination
What more could be said
Certainly nothing could be understood

Consciousness

Wave Seventeen

Not Knowing

Difference is an illusion
Oneness a seductive delusive catastrophe
A holographic re-coagulation
Non-duality a
Wave station
Don't get off

The Holographic universe appears through its
opposite

Separation is a perceptual illusion
Oneness a perceptual confusion
Non-duality a
Wave station
Don't get off

The separation is universal delusion
The compulsive oneness spiritually regressed
Non-duality a
Wave station
Don't get off

When these are no more then nothing is realized
Without the standard or concept of a realizer or
realizable or realization

Realization and delusion are illusions in the
dream-bubble-realm

When the point of view vanishes
When the bubble bursts
You are no more
However you might not know it

Buddha: *“You might not necessarily be aware of
your own enlightenment.”*

Wave Eighteen

The Name of a Perception

Zen Koan: (*variation, slightly modified*) A dog with
Buddha nature

How did it get into the skin bag?

It did not, the illusionary skin is the
boundaries of a bubble

The bubble is a metaphor
The skin a perceptual superimposition
A label
A patch
A portal to be peeled away
Don't go in

To presuppose skin boundaries and try to rid
yourself of it is impossible

To presuppose skin boundaries and try to rid
yourself of it is impossible

Realize the underlying principle
A thought imagining itself lying in a skin bag

A dog is not a dog, it is called a dog
The name of a perception
happens to be called a dog

Without, there are no perceptions nor actions

Nisargadatta Maharaj; *“There is no karma,
(movement or activity), in the state of Parabrahma.”*

A dog is not a dog, it is called a dog
The name of a perception

A dog is not a dog, it is called a dog
The name of a perception

A dog is not a dog, it is called a dog
The name of a perception

The knower is not a knower, it is called a knower
The name of a perceptual occurrence

The state you are in right now is not you, it is
called a you
The name of a perception

A self or “I” is a state

The waking state now is not the waking state
The waking state is called reality and the waking
state
The name of a perception

*Buddha Diamond Sutra, (modified), We refer to it as
the waking state, but there is no waking state.*

*Enquiry Koan: If there is no waking state it is just
the name of a perception, then where are you?*

Wave Nineteen

Imaginary States Called Beings

Without doership or authorship
Without a source or creator
Without an origin a beginning or a source point

Where does it start?
your ass
your elbow
The seer or the seen?

None are prior to perception
None are independent beings or beings for that
matter

Imaginary states called beings
Imaginary states called beings
Imaginary states called beings

Maybe reflections?

But only as a reflection in the illusionary water in a
metaphoric mirage

The illusionary Buddha in the realm of a dream
mirage

Zen Koan: *“No Mind, No Buddha”*

No Mind

The Mind concept is only an illusionary reflection
in the illusionary water of a mirage

The mind concept is only an illusionary reflection
in the illusionary water of a mirage

The mind concept is only an illusionary reflection
in the illusionary water of a mirage

Wave Twenty

Without Manifestation.

“Not knowing”: the ultimate deconstruction
The Ultimate description of “That”

Everything manifesting as That is a miss taken
concept drawn from an idea

Without manifestation

*Buddha The Diamond Sutra: “ We refer to it as a
world, but there is no world.”*

*There is no such thing as manifestation
cuts through and destroys the manifestation
concept and all that goes with it*

Don't be drawn in

Otherwise “you” will believe in the attachment
concept and be seductively deluded into all that
that state brings

Beware of believing or believing in believing
Because believing has nothing to do with anything
Beware especially of what makes sense

Wave Twenty-One

None Are

A later abstraction
A judgment placed upon a description referred to
as a situation

What is is
Its all the same “from” the absolute
None are

No such thing as a situation or the universe

Wave Twenty-Two

A Particle of Dust

A particle of dust is required for the universe to be

Two is one

One is two

Words representing the non-existent

A particle of dust is required for the universe to be

Fear holds the universe together

“I don’t know”, burns it to the ground

Without right or wrong everything collapses

No positions

As the Absolute there is no such thing as (fill in
the blank)_____

A particle of dust is required for the universe to be

Wave Twenty-Three

Still the Absolute

“Before” was the Buddha?

Nisargadatta Maharaj: *“Eight days prior to conception or a 1000 years back, who were you?”*

Your original face
One hand clapping

The absolute takes the shape of its container
Still the Absolute

Pain arises
Still the Absolute

Love disappears
Still the Absolute

What world are we talking about
Still the Absolute even before the Buddha
container was

Wave Twenty-Four

A Particle of Dust Is an Absolute

Without difference or sameness

No "I" "I" without
The Absolute appears and the "I" dies

Nisargadatta Maharaj: (slight paraphrase) *What you call death in common parlance is the death of the I am.*

A particle of dust is the absolute

No reason to fear
Without fear
The universe vanishes

A particle of dust is the absolute

Wave Twenty-Five

*“What Is?,”
“What Isn’t?”
--- Neither*

What is the Absolute formless mind?

The mind is not
The formless mind is not

You cannot catch the mind with a conceptual
boundary
You cannot catch the formless mind with a
conceptual boundary

You cannot catch the Absolute with a conceptual
boundary

Enquiry Koans:
“What is?”
“What isn’t?”

Neither

Wave Twenty-Six

On What Does Light Depend?

Water is colorless
White without light is Void of color
As light is a visual perception
Not Buddha has no color
All perceptions good or bad
high or low right or wrong are dependent upon the
colorless color
Metaphorically color appears to be white on the
white canvas
Metaphorically the color wonders,
“Who am I?”,
“What am I?”
“How did I get here?”.
The canvas is the canvas
Without light-white

The color is dependent upon the illusion of light
which produces white

Enquiry Koan: What is light dependent upon?

Wave Twenty-Seven

Not Zero

(Also in the Gateless Gate
Wave 26)

Nisargadatta Maharaj: “*All is plus and minus...
equally zero...*”

Maharaj: “There is no gain there is no loss.”

A description of the Absolute or a fact?
Not Zero

Wave Twenty-Eight

A Holographic Re-Coagulation.

Without fixed positions
Without hanging onto being or non-being
The space between implores examination

A holographic re-coagulation

Nisargadatta Maharaj: *(paraphrased) stay in the gap before beingness turns into nonbeingness, and non-beingness turns into beingness*

In the space between, enlightenment is not nor is unenlightenment

Enquiry Koan: Who is the knower of this state between being and non-being?

Wave Twenty-Nine

Stuck Pointers

The teachings: Ultimately a distraction

Teachings describing what isn't

If the medicine is not correct the patient can get
sicker

Miss diagnosis and over using pointers
(techniques, mantras, yantras, tantras) make for
stuck pointers

When pointers are overused past their expiration
date dogma prevails into fundamentalism
The rigidity of should's
Fixed ideas and positions

An iron Ox cannot move
Fixed positions imagining they should be fixed
A promise of enlightenment
The reward for one-pointed blindness
A promise of enlightenment

Blind Faith with hope
A bitter combination

The promise of enlightenment becomes a
guarantee of eternal bliss

The Iron Ox remains stuck without any movement

Appreciate the pointers
Throw away the should's of always place and
position

Without rules
Without right or wrong
Without discrimination

When the "I" dissolves the body is an empty
corpse
Only illusionary consciousness remains
although unnoticed

Pointers used after their expiration date become
stuck pointers yielding dogma, rigidity and
fundamentalist positions

The reward for one-pointed blindness
A promise of enlightenment

Blind Faith with hope
A bitter combination
The promise of enlightenment becomes a
guarantee of eternal bliss

Throw the thorn away before it goes bad

Wave Thirty

Without a Knower

Without creation
Without destruction
Without a knower

Enquiry Koan: Without a knower what is the same or different even mean?

Enquiry Koan: When the knower and the known are one and the same, who knows what?

Without a knower what are we talking about?

Wave Thirty-One

No One

The illusory world first appears to appear
Then consciousness

Upon realization it is reversed
First consciousness then the world

Finally neither
No individual
No one
No consciousness
Only the absolute

Without

Wave Thirty-Two

The Void Curtain

What appears as subjective is mind
What appears as objective is mind

Without either form or emptiness the mirror is
smashed

There is no such thing as mind

Don't fall for the form
Don't fall for the emptiness
Don't fall for the emptiness
Don't fall for the emptiness

There is no such thing as mind

Tear the mind's curtain of Void

There is no such thing as mind

Tear the mind's curtain of Void

Wave Thirty-Three

The Illusion of Freedom and Bondage

Without distraction
Escape from the net of mind

Remember the story of entrapment and escape
Freedom and bondage are part of the illusion
A bubble
A realm

Without the mind concept
Without the dream fairy dust called
consciousness, awareness or whatever
Without the dream story
Without the illusion of a perceivers lens

Without the dream fairy dust of light called
awareness
Without the dream fairy dust of light called
awareness
Without the dream fairy dust of light called
awareness

Nisargadatta Maharaj: *"Its all a concept, its all an illusion."*

Unawareness
Not awareness
Unawareness
Not awareness

Wave Thirty-Four

It All Must Be As It Is

Everything supports everything else
Everything is everything else
Everything is interdependent with everything else

Love, hate, fear courage holds the universe
together
They all must be as they are for the universe to be
as it is
A particle of dust

Interdependent

A grain of sand is as significant as “I”

Nisargadatta Maharaj; *“You are like grass
growing.”*

Wave Thirty-Five

Skull Consciousness, Perceptual Reversal

Nisargadatta Maharaj: “...no you, no me, no
you, no me...”

With skull consciousness perceptual appearances
Sometimes as the same
Other times with differences
Other times as they are
Constant change

Still skull consciousness perceptual Illusions
Reversal

Spiritual practice
Preparation or entertainment?

Why discuss their meaning or significance?

Skull Consciousness, Perceptual Reversal

Wave Thirty-Six

(See Blue Cliff Records
Wave Three)

Wave Thirty-Seven

A Temporary State Named Self

As long as there is an “I” activity will never *appear*
to end

Without anything to depend upon or define there
is only one seamless flow
Uninterrupted

The “I” too, along with your experience of self
RIGHT NOW is part of that seamless flow
although it appears not to be

There is no self or soul separate from the seamless
flow

Do not expect a self or original self to emerge from
somewhere

The more you look
The more you think you will find the elusive
You won't
Why?

Because there is no such thing as a self

Nothing to depend upon

All activity ends when the self dies
The current stops

Nothing a you can do about it
The current stops

Metaphorically the current stops
The mirage vanishes and so do you

Nisargadatta Maharaj:” *There is no karma,
(movement or activity), in the state of Parabrahma*

With nothing to depend upon
And no such thing as a self

Enquiry Koan: On what does activity depend?

The self you are experiencing right now is a
temporary state

Don't imagine it or you will get gain or loss
Don't imagine it or you will have THE
EXPERIENCE

A Temporary State Named Self
No Seamless Flow

Wave Thirty-Eight

The Light Goes Out

Defining yourself through the mask of perception
the senses validate your claim

With consciousness as its substance
With awareness as its light
The non-existent person which is merely a state
believes it is and is permanent
“As if” it was, is, and will always be there

The mind concept solidifies
The person illusions existence

Without I-dentities
Without definitions
The state called person begins to dissolve

Without the mask of perception
No mind
No state of person

The fairy dust of consciousness scatters
The light of awareness goes out

Nirvana means extinction

Wave Thirty-Nine

Names Given To Non-Existent Perceptions

All actions are equal to all actions
Significance a delusional
Wave
An organizational structure

Here is there
There is here
Location is a perceptual concept

Hate is love
Love is hate
Names given to a non-existent perception

Spiritual is profane
Profane is spiritual
Names given to a non-existent perception

Lying is truth
Truth is lying
Names given to a non-existent perception

Without distinctions
Specialness vanishes

Without significance
No distinctions
No specialness

Without significance
Without distinctions
Without specialness
Define your actions

Significance a delusional
Wave
an organizational abstracted-structure

We refer to it as significance and an abstracted
organizational structure
Just the name given to a non-existent perception

Names given to a non-existent perception
Names given to a non-existent perception
Names given to a non-existent perception

Wave Forty

The Absolute Is Not Awareness

Without perception or a perceiver the absolute
“resides”

Without vision or hearing, the absolute

Without is or not is, the absolute

The question unheard is answered the answer
unspoken is heard

Miss understood it seems like nonsense

However the light of awareness which holds
consciousness like a mother to its breast cannot lie

The absolute is not awareness
The absolute is not awareness
The absolute is not awareness

Wave Forty-One

There Is No Now For You

The non-existent abstracted mind is very tricky

It makes the past seem like the present, and the
future seem like now.

As there is no now, you have already missed it
There is no such thing as now

“There is no now for you”

Without a you
There is no illusionary state of now
Only “That” which isn’t

You cannot grasp it or experience it

Once realized the apparatus breaks

“There is no now for you”

Wave Forty-Two

Without Form

The original face, a linguistic sucking in

Your original body

A poor metaphor

A tendency to imagine boundaries

An anthropomorphic superimposition

Formless

No body

Without form

Wave Forty-Three

An Imaginary "I" State

Arising and subsiding
Arising and vanishing
Either or both demands an imaginary "I" state
A state called self

The imaginary self
A state
Part of the arising-subsiding-vanishing

Without a self, who would know of such things

Wave Forty-Four

Meet Me There

When the absolute reveals
All disappear

Should something appear or arise
The absolute extinguishes it without noticing

*Like Krsna says, (paraphrased), focus on ME,
(Consciousness) and withdraw all senses is yoga, like
a turtle withdrawing its limbs*

Meet me there

Nisargadatta Maharaj; “*Forget me, forget
Maharaj, forget the teachings, stay in the
consciousness as a portal to the Absolute.*”

Keep yoga (yoking), until the concept of yoga
(union) is no more.

Wave Forty-Five

Don't Forget the Not Part

Without thoughts
Without no thoughts

Without reality
Without no reality

Without knowing, knowing about or a knower
Without not knowing, not knowing about, or a not
knower

Without an "I"
Without "no-I"

Without a self
Without a not self

The not part is key and often neglected bringing about holographic re-coagulation and devastation

Wave Forty-Six

A Portal To Nowhere

Realizing you are what you are
The ultimate surrender

Attention focuses on and becomes the felt sense
that you are
Consciousness abounds

Nisargadatta Maharaj: *“Hold onto the I Am, let
go of everything else.”*

You have got to be kidding me
More obvious than obvious
No need to listen to, talk to, or fight with the self
Even the illusory self
A portal to nowhere

Closer than your next breathe

Wave Forty-Seven

“One” Without Perception

Monk: *“What is the true meaning of ch’an, (Zen)”*

Master Joshu: *“A cypress tree grows in the yard.”*

Monk: *Master do not use objects to guide people.”*

Joshu: *“I am not using objects to guide people.”*

WOW

One with perception
“One” without perception

Wave Forty-Eight

Entering the Non-Existent

How to enter non-duality?

No how
No non-duality

A figure of speech which has gone to far
Requiring a non-existing perception to be believed
and hoped for

Non-duality, a temporary station

Smoke and mirrors

Wave Forty~Nine

Does a Dead Body Know That It Is?

This is it?

Nisargadatta Maharaj: (*paraphrased*), *does a dead body know that it is?*

Without knowing or not knowing or even
knowingness

No Fairy dust consciousness to mislead

No light of awareness to deceive

No right or wrong to miss lead

Nisargadatta Maharaj: (*paraphrased*), *Does a dead body know that it is?*

Wave Fifty

No Here and Now

The end to what is was and will be

The illusion was it would be added to your resume
and pedigree

“This is it” is a perception

“Here” and “Now”

A name given to a perception

What it means

A perception plus another abstraction

Here and Now

No Here and Now

just the name given to a illusory perception

Wave Fifty-One

No Transitional Journey

“Arriving” is blind to this and only aware of That?

Or

Does this prevail and That remain background?

Neither are true as not a one knows

All words imply a non-existent transitional journey

*Enquiry Koan: Without words the senses, and
without knowingness can you know yourself?*

Zen Saying: “Wisdom contains no knowledge.”
(Hint:): *The Shiva Sutras:* “Knowledge is bondage.”

All words imply a non-existent transitional journey

All words imply a non-existent transitional journey

All words imply a non-existent transitional journey

Wave Fifty-Two

No Seniority

Form one side of the mirror
Emptiness the other

Enquiry Koan: "Does form reflect the emptiness, or emptiness the form?"

(Hints):

Without hierarchy
Without superiority
Without seniority
Without an origin

Without the belief in a before during after or later
Without the belief that earlier is higher or superior

Wave Fifty-Three

What Isn't

No teacher
No students
No transmissions
No enlightenment
No delusion

Zen Saying: *"Bodhidharma never went to China."*

*(Hint:) Without perception
No Bodhidharma
No China
No Went*

Wave Fifty-Four

*All Are In the
Dream, None Are
Without the Dream.*

Enquiry Koan: "What has an infinite number of eyes
but cannot see?"

Form with gaps is emptiness
Emptiness with gaps reveals form

All pervasive, a bad use of words implying an *all*
which is *pervaded*

As form is emptiness
Emptiness is form
Neither are

A realm
A dream
A realm
A dream

Wave Fifty-Five

Reverse Through the I Am

The absolute appears
quite suddenly and quite unexpectedly

Reverse through the I Am and disappear
Nirvana means extinction

Zen Koan: (*slight variation*) *What is the last word?*

Any answer will suffice

Reverse through the I Am
Reverse through the I Am
Reverse through the I Am

Ramana Maharishi: *“Go back the way you came.”*

Wave Fifty-Six

A Miss Taken Appearance

The appearance of the world
Miss taken for all
Believed analyzed and theorized

How to get out?
A path to liberation
A fools gold
Spirituality a fools errand
Spirituality a seductive illusion

It's a dream

How forgetful, "I" always nest in the wrong place
hoping wishing trying and expecting change or
transformation idealized as enlightenment

First, there is no wrong place
Next, there is no place

*Enquiry Koan: How can a world appear without the
concept of place?*

Wave Fifty-Seven

What is?

Without thoughts
Without the space

Without something
Without not something

Without nothing
Without not nothing

Enquiry Koan: "What is?"

Wave Fifty-Eight

Not Awareness No Dream Light

The past dissolves in the present moment
All dissolve into zero
Without Zero

The present naturally hates the perceived past

As soon as an illusory cause is postulated and
believed it illusions an illusionary result

Quantum Psychology: *“All solutions based on a
false conclusion are false.”*

All falling away
A cinema without the illusory light of awareness

Not awareness no dream light
Not awareness no dream light
Not awareness no dream light

Blow out the light
Blow out the light
Blow out the light

Wave Fifty-Nine

No Way Out, No Way In

The dream is so believable
You lose your life

No way out

Seeking leads to more seeking
No way out

More pointers
More delusion
More confusion
No way out

Enquiry Koan: No way in either

No way in either

Wave Sixty

No Way

Its right here
All the same
Without abstraction-transduction

No Way
Way
No Way
Way

Without perception
No Way

Wave Sixty-One

No Cause of Causes

Here is as good as “anywhere”
Now is as good as any “time”

No place to start or finish
No place for activity or rest
“Inside” the realm it all seems so real

“Outside” the realm, there is no such thing as
beginning nor end
No point of entry nor point of origination

No cause of causes

“Outside” the realm without inside or outside

No cause of causes

Nisargadatta Maharaj: *“In the Absolute, I do not even know that I am.”*

Buddha: *“You may not necessarily be aware of your own enlightenment.”*

No cause of causes

Wave Sixty-Two

Outside the Realm

There is no enlightenment nor delusion

“Outside” the realm its funny to hear the word
Buddha or say or hear things like, “*We are
all Buddha*”, or “*How can a Buddha become a
Buddha?*”, as it seems so unnecessary like adding a
cup of wetness to the ocean

Enquiry Koan; “Why is this true?”

(Hint: There is no you, “I” all or Buddha)

Wave Sixty-Three

No Leaving, No Returning

Coming back to life after the great death is like
speaking perceiving and acting in a dream of not
knowingness

Immediate recognition of **Mu**

You never come back to life, nor did you
ever enter or leave life

Leaving and returning is like untransduced sound

Noise without meaning

Wave Sixty-Four

Without Noticing

So many bodies

One body appears

The Absolute
Without noticing
Without a noticer

Wave Sixty-Five

Not Buddha -Buddha?

Backwards
Upside down

Nothing realizes
Without

Something remains
A point of view
Still Buddha

All is all
Buddha is all
With or without a point of view
Still Buddha

Without a point of view
Not Buddha
Without without

Why try to be or do have experiences or produce

Still Buddha-Not Buddha?

*Enquiry Koan: Not Buddha is Buddha, Not Buddha
is Not Buddha?*

Wave Sixty-Six

Krsna Is Radha?

Opening ones eyes Skull consciousness reveals

Opening the eye

No eye

No skull

Without consciousness

Krsna

With consciousness

Radha

Krsna is Radha

Radha is Krsna

Nisargadatta Maharaj: (paraphrased)

“When I see myself as everything, (consciousness, (Radha)), that is love, when I see myself as nothing, (Krsna) that is wisdom My life flows, (pulsates(spanda)) between the two.”

Krsna is Radha

Radha is Krsna

*The two are one
Neither are*

Wave Sixty-Seven

Upon Realization.

Upon realization The Buddha (paraphrased)
says, *All beings are awakened.*

Upon realization there are no beings

Upon realization there is no duality nor non-
duality

Upon realization there are no such things as
selves or things

Upon realization the bubble realm fades

Upon realization no bubble realm remains

Wave Sixty-Eight

Mystery Schools?

The sword of deconstruction continues
Schools with delusions of grandeur flourish

Teachers and Gurus block the way
The school certifies

Enquiry Koans:

Without location where is Buddha?

Without space where can Buddha be found?

Without time, how can Buddha exist?

Without form how can the Buddha be known?

(hint: There is no such thing as light)
So much for manifesting, channeling or bringing
in the light)

Wave Sixty-Nine

The Absolute, No Points of View

The absolute not awareness knows nothing of
existence

All sentient beings know existence

Unfortunately, they are possessed with a point to
view

A point to view from

A point in space-time with a location

The absolute not awareness has no point of view
and no points to view from

The absolute cannot and is not something which
can be brought into manifestation nor does it die
and become manifestation

Imagining things are is the illusion by which all
else appears to follow

The absolute knows nothing nor cares about the
imaginary state and concept called existence and
non-existence

Wave Seventy

Layer By Layer

Life being unborn is a lot to swallow for the
immature

Inform them to quickly and they will burn like fire

Slowly layer by layer
The Teaching Master knows who he dealing with
and doesn't abuse the privilege

Wave Seventy-One

The Mist Dissolves

Without change
Without growth or decay

A hazy mist with imagined images called all we
know have known, and will know

Here is no hope
There is no organization
Discard the delusion of hope
Discard the delusion of organization

The mist dissolves

Wave Seventy-Two

Without Portals

Through the portals of sense
the mind appears to appear

With the mind the Buddha

While imagining you are
“As If”

The Buddha is

Not Buddha is without Buddha
Without portals

Wave Seventy-Three

A Cool Mist

A cool mist

Without the use of the body

Bodiless

No point of view

What remains?

What holds up the body?

(hint: Its not being held up by anything)

A cool mist

Wave Seventy-Four

Always There, Without There

Like the Wave resides in the current
The current in the ocean
All names and forms are there before their
appearance

The Granite stone contains the statue before the
sculpturer awakes
Upon dreaming the statue takes form and a life
appears

Waking up, the granite rock remains untouched

Wave Seventy-Five

The Vanishing Mirage

One is with perception
One is not without perception

Location is with perception
Location is not without perception

Neither are
Both descriptions

Perception a thorn

The movement of the ocean
Wetness the essence of water
The wetness of water
Water in a mirage

Without perception the mirage vanishes
With perception the mirage seduces but never
quenches thirst

Mu

Mirage a thorn of description

Wave Seventy-Six

The Primordial Advaita Mu

To organize the mind is preparation?

To dissolve the mind a leap?

Zen Koan: “*No mind, no Buddha*”

Without Advaita

Without Advaita

Without Advaita

The Primordial Advaita Mu

The Primordial Advaita Mu

The Primordial Advaita Mu

Wave Seventy-Seven

Never Filled

Before the birth of mother and father
Metaphorically-Symbolically one solid circle

Your original face
One hand

A pre-mist
Never filled

Without without
Without without
Without without

Without zero
Never Filled

No such thing as filled

No infinity
No zero

Wave Seventy-Eight

Without a Soul

In the realm bubble all is equal
All is the same
Although it appears different
Un-fucking pack

Who is to say equal or unequal?
Without a soul
Without a soul

Without a soul

Its about time someone said it

Un-fucking pack

Wave Seventy-Nine

No Return Trip

Realization metaphorically on top of the 100 foot
pole

Step and slide

Without fear or concern of missing the train for
the return trip

All remains in the bubble realm

Without All

The earth remains under the pull of the sun

No return trip

*Enquiry Koan: From where does the sun and the
earth appear?*

Wave Eighty

Done

Done, done, and done

Wave Eighty-One

A Self Cannot Exist Without Time

The illusion of a “present” disappears becoming
the past

The “past” has no connection to the “present”
The “past” has no connection to the “present”
The “past” has no connection to the “present”

Even the “past” is experienced in the “present”

Yet there is no connection
Beware of the illusion of an associational networks
Beware of projective superimpositions

Without an illusionary “past” or “present”
The future dies
And so does all psychological states along with
their abstracted explanations of cause
A self cannot exist without time

The “past” has no connection to the “present”
The “past” has no connection to the “present”
The “past” has no connection to the “present”

What stories can you make up now?

A self cannot exist without time

Wave Eighty-Two

Not Awareness Without the Light of Awareness

The Way appears through the transduced concept
of sound
Beware

Form appears through the concept of light
Beware

The Mind perceives its own reflection
Not realizing

Zen Saying: *“The monkey grabs at the reflection in
the moon.”*

Without the mind no light nor sound
All would be same
Without same

Without perception
Not Awareness: Without the delusional light of
awareness
Absolute(ly)

Wave Eighty-Three

Without Abstraction- Transduction

Those who know who they are
Those who do not
Still all Buddha-Consciousness

Zen Saying (slightly abbreviated): *“The non-attaining Buddha.”*

Without abstraction transduction there is no
relationship
Nothing is related to or has anything to do with
anything else

With abstraction transduction numerous states
and experiences appear.

All states and experiences contain a combination
of thoughts, memory, emotions, associations,
perceptions, sensations and a body

All experiences must have and are in relation to
something else.

Without abstraction-transductions no experiences
No relations
No reference point

Nisargadatta Maharaj: *“Expect nothing from experiences, all experiences lead you to is more experiences.”*

Metaphorically the sick believe their experiences
and the conclusions they draw from them

Metaphorically the non-sick do not depend upon
experiences and the conclusions that are drawn

Both Buddha
Both Consciousness

Beware of the seductive delusion of experiences
and their conclusions

Nisargadatta Maharaj: *“...expect nothing from experiences...”*

“...expect nothing from experiences...”

“...expect nothing from experiences...”

Creation and destruction are not

All experiences come with an experiencer
Delusional
Illusional

Seductive
Hopeful wishes
Looking for the ultimate permanent
experienceable state
The Ultimate confusion
A junkie grabs for junk

“...expect nothing from experiences...”

“...expect nothing from experiences...”

A junkie grabs for junk
A junkie grabs for junk
A junkie grabs for junk

Without abstraction-transductions no experiences
No relations
No relationships
No reference point

Wave Eighty-Four

No Points To View From

One finger
Not one finger

One hand
Not one hand

Original face
No original face

Without location
Without space
Where can a point of view see from

No point to view from
No point of view

Wave Eighty-Five

Seeing Seamless

Seamless
Without breaks or gaps
Non-local
Instantaneous
Without control

Beware of all perceptions
The perceptual point of view sees things which are
not there

Seamless is a subtle example of seeing things
which are not there

Wave Eighty-Six

Vanishing Without Shock

From formless to form
Quite shocking

From something to nothing
A relief

Without the formless form
Without the empty nothing

Nisargadatta Maharaj Metaphor, (slightly paraphrased), ... The incense stick is like the body, the fire the consciousness. When the incense stick, (body) burns down, where does the smoke go?

Vanishing without shock

Wave Eighty-Seven

Without a Point of View

Expression and no expression
Two sides of one coin
Perceiver dependent
Deceiver dependent

Without a point of view
Without a point to view from
*Enquiry Koan: What or whom knows anything of
this?*

Both expression and non-expression cling to the
tree of beingness
One feels good the other contained

Not knowing anything of this
Without a point to view from
Without a point of view

*Enquiry Koan: What or whom knows anything of
this?*

Wave Eighty-Eight

Not Knowing

Not seeing
From where is there to see?

Not knowing
What is knowing?

Without positions or fixed points of view

Who sees what?

Enquiry Koan: From where is there to see from?

Not knowing

Wave Eighty-Nine

Stop the Dreaming

Without an inside
Without an outside

The ground remains?

Although unseen imagine not its illusioned
existence

Stop the dreaming

Wave Ninety

What Is Being Perceived?

Without the concept of space
and location

Without time intervals and sequences

Enquiry Koan: What can be said or taught, and by whom?

Enquiry Koan: What is actually being perceived?

Wave Ninety-One

Mu the Root

Everything is dependent upon and has one root

Mu

Seeing the world as a dream-illusion

A thorn of detachment

There is a dream illusion

There is no dream illusion

MU the root

Wave Ninety-Two

What Is It? MU

Enquiry Koan: "What is it that resides prior to emptiness and form?"

MU

Enquiry Koan: "What is it that resides prior to mountains, sea and air?"

MU

Enquiry Koan: "What is it that has nothing to do with experiences and knowing?"

MU

Wave Ninety-Three

Residing On Unawareness

That which comes and goes: an illusion
That which perceives and is perceived: an illusion
That which explains and understands is a
perceptual illusion

Treasure hunts are entertaining but are
perceptions as are spiritual paths

“You” and “I” perceptual appearances

We and all come and go together
We and all come and go together
We and all come and go together

Even awareness is fools gold
Residing on unawareness

We all come and go together
Residing on unawareness

Not awareness
Not awareness
Not awareness

Wave Ninety-Four

Without Buddha

Metaphorically the ill: non-attaining Buddha
Metaphorically the unill: the attaining Buddha

The ill imagines it serves the unill
And by focusing on the unill the ill will realize
The nonattaining Buddha
The attaining Buddha
Still Buddha
MU

Wave Ninety-Five

That Which Cannot Be Negated

The dissolution of the imaginary self
This, no matter how obtuse, is the imaginary self's
playground

Still the Buddha nature's light called awareness is

The absolute
A line
Not this not this

That which cannot be negated
Only described as Not This

Or

No such thing as

*Enquiry Koan: "What does That have to do with
this?"*

Wave Ninety-Six

This a By-Product of Vibration, One Vibration.

Without an “inside” or an “outside”
No entering or leaving the Gateless Gate
As no such thing exists

Without a good or bad
Without a higher or lower
This a by product of vibration

One Vibration

*Enquiry Koan: What is there to raise your vibration
to?*

This a by product of vibration
One Vibration

A thought or position or point of view confuses the
inevitable and hides that which never was

You are not is an understatement as it eludes to a
you which realizes you are not
Hiding That which never was

This a by product of vibration
One Vibration
No Vibration

Wave Ninety-Seven

The Light of Awareness Goes Out

Who can possess the jewel of realization?

Can it be earned?

Not likely

Actions with expectations of reward yield more
actions with more expectations of reward

A vicious cycle

Nisaragadatta Maharaj; *“Anyone who imagines actions will bring about realization is deluded.”*

Not a one can have it, possess it or experience it

Nirvana Means Extinction

Can it be earned?

Nisargadatta Maharaj *when asked about spiritual practice, (sadhana) said, “One should effort and effort at there sadhana, then and only then will they realize that effort will get them nowhere.”*

Not a one can have it, posses it experience it, or
earn it

You and it are consciousness so you have nothing
to do with anything

You appear out of consciousness
Consciousness did not appear from you

Nirvana Means Extinction

(Jokingly) Before you leave don't forget to turn off
the light of awareness

Nirvana Means Extinction

The Light Goes Out

Nirvana Means Extinction

Wave Ninety-Eight

Without a Soul To Know It?

Without entering the world
Unperceived

Perceived it is
Unperceived with a touch of "I" it is assumed to
be and remain

An assumption leading Zenist to believe in Two
minus one

MU

And Advaitins to believe in one minus two

MU

Without a soul to know it
What is?
What isn't?

Wave Ninety-Nine

No Quantum Without a Perceiver

Every atom appears to be
Unperceived it cannot be
Upon the appearance of a point to view it is

No Quantum without a perceiver

*Buddha The Diamond Sutra: (Slightly abbreviated):
We refer to it molecules but there are no molecules.*

No body without a perceiver
No Quantum without a perceiver
No neuro-science without a perceiver

Wave One Hundred

Without Considering?

“See” existence without considering it existence

Without a point to view from or a point of view

Enquiry Koan: Without words what does existence or non-existence mean?

Enquiry Koan: Is a problem a problem if it is not considered a problem?

With each perception so many assumptions are
made
Isness
Beingness
Now-ness
Am-ness
Was-ness
Will be ness
The list goes on indefinitely

Zen Saying, (*with slight variation*): “Teach me a word which is not and has never existed.

See existence without considering it existence

Without a point to view from or a point of view

Enquiry Koan: Without words what does existence or non-existence mean?

Enquiry Koan: Is a problem a problem if it is not considered a problem?

There no such thing as zero

There no such thing as zero

There no such thing as zero

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